



LA BADIA IL MULINO, TUSCANY

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HISTORY OF IL MULINO

“Il Mulino” (the mill) is a restored water mill situated within the “La Badia” estate belonging to the Paravicini Crespi Mozzoni family.

The 560 hectare was bought in the sixties by the family and the farmed strictly according to organic methods. On the estate, the local native breed of “chianina” are bred to produce organic beef and the traditional t.bone steack (“ la bistecca alla fiorentina”) typical in florentine cuisine! these white cattle, similar to the british park, graze in pastures which are surrounded by oak woodlands as well as the usual mediterranean vegetation which hosts a variety of wild animals such as deer, wild boar, pheasants and foxes....

About 100 hectares of the farm is dedicated to the production of sun flower, oil, and wine.

“La Badia” produces a red wine, called chianti dei colli aretini, and an excellent extra virgin olive oil which can be bought in the estate.

The millhouse is situated specifically south of the estate, near the river vescina and in the past, was used to mill weat. Quite sophisticated engineering was required to channel the water to the mill and when walking the lower valley (one of the many beautiful trails around the property), one can still see parts of it intact.

The new swimming pool was built in the “gora” that is : between the walls that channelled the water for the mill a long time ago.

The millhouse took from 2004 to 2007 to carefully restore and can be comfortably used all the year round. With all its modern facilities surrounded by sloaping fields and woodland it is truly a magical place! Furthermore its strategic position (between Florence, Arezzo, Siena and Val di Chiana....) gives our guests the possibility to easily visit some of the most beautiful and dearest places in Italy.

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The village - Shopping, Bank, Post Office and Opening Hours

Food shops

9 am to 1 pm, 4 pm to 8 pm. At Lucignano food shops are closed on Sunday and Wednesday afternoon for the food shops

Supermarket

The village of Lucignano has a few grocery shops and a couple of small Supermarkets. There is a bakery "Il Forno", three butchers. There are two supermarkets : COOP and CONARD

At Monte san Savino there is a COOP supermarket in Via 25 Aprile n.8 and it closed in Sunday.

Banks

There is a bank in Lucignano, and Monte Sansavino also has 2 banks; opening hours are 8.30am - 1pm and 2.30pm - 3pm on weekdays. Other banks can be found in Sinalunga or Arezzo. All banks have cash point machines which work with major credit cards

Banks in Monte San Savino

Banks and post offices are everywhere in the old town and in the serraoundings

- Cassa di Risparmio di Firenze Filale di Monte San Sanvino CR Firenze, 25, Via della Pace

Telephone number (0039)0575843195 - (0039)0575844006

Opening hours: from Monday to Friday 8.20 am - 1.20 pm / 2.35 pm - 3.35 pm

- Monte dei Paschi di Siena MPS, 7, Piazza di Monte, Telephone number (0039)0575844662

Opening hours: from Monday to Friday 8.20 am - 1.20 pm / 2.30 pm - 3.30 pm

- MPS, 1, Via 25 Aprile, Telephone number (0039)0575849664,

Opening hours: from Monday to Friday 8.20 am - 1.20 pm / 2.30 pm - 3.30 pm

- Banca Toscana - Toscana SPA, 73, Via Statale, Telephone number (0039)0575810555

Opening hours: from Monday to Friday 8.20 am - 1.20 pm / 2.35 pm - 3.30 pm

- Bancaetruria Ag. Monte San Savino, 30, Via della Stazione, Telephone number (0039)0575810584 / (0039)0575810587

Opening hours: from Monday to Friday 8.20 am - 1.20 pm / 2.35 pm - 3.30pm

- Bancaetruria, 83, Loc. Alberoro, Telephone number (0039)0575848470 / (0039)0575848477

Opening hours: from Monday to Friday 8.20 am - 1.20 pm / 2.35 pm - 3.30pm

Any bank has its own cash dispenser

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Post office

There is a post office in Lucignano. Opening hours: 8.15am - 13.30pm from Monday to Saturday.

In Monte Sansavino there are some post office in the old town. Opening hours: 8.15am - 7pm from Monday to Friday and 8.15am - 12.30am on Saturday. Stamps can be bought in any tobacconist shop.

In Monte San Savino

POSTE ITALIANE

77, Corso Sangallo

Telephone number (0039)0575843188

Opening hours:

from Monday to Friday 8.30 am - 1.15 pm

on Saturdays 8.30 am - 12.15 am

POSTE ITALIANE

7, Piazza Piero della Francesca

Telephone number (0039)057581611

Opening hours:

from Monday to Friday 8.15 am - 1.30 pm

on Saturdays 8.15 am - 12.30 am

POSTE ITALIANE

25/U, Via Nebbiaie loc. Alberoro

Telephone number (0039)0575848012

Opening hours:

from Monday to Friday 8.15 am - 1.30 pm

on Saturdays 8.15 am - 12.30 am

International Newspapers

In Lucignano and Monte San Savino you should find international newspapers. In Arezzo's news-agents sell major international newspapers and some magazines;

Trains

The nearest and most convenient train station is Arezzo which is directly connected to Rome and Florence.

Railway Call Center: 892021 or (0039)057520553 or www.trenitalia.com

Hospitals

For any emergencies call, the emergency ward number is: 118

Otherwise the two nearest Hospitals are:

-Ospedale della Valdichiana Santa Margherita is in locality Fratta Santa Caterina in the municipality of Cortona. The distance is about 21 kilometres and it takes about half an hour because of secondary streets.

The telephone number is (0039)05756391

Duty doctor (0039)0575639055

First aid (0039)0575639003

- Dr. Ricciarini Paolo - The surgery is in Via Bonastro and the telephone number is (0039)0575836777 (devo ancora contattarlo per gli orari di visita)

- Ambulance: (0039)0575836595

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Doctors:

Dr. Botarelli Claudio

Surgery in Lucignano:

The surgery is in Via Matteotti, 68 the telephone number is 00390575537272.

The mobile telephones are (0039)3473929920 - (0039)3339102591

Surgery hours:

from Monday to Friday every morning from 9.00 am to 12.00 am

in the afternoon only on Tuesday and on Friday from 6.00pm to 8.00 pm

Surgery in Foiano:

The address is Via Cortona n. 13/A, the telephone number is (0039)0575648139

Surgery hours:

from Monday to Friday every afternoon from 3.00 pm to 6.00 pm .

Doctor Paolo Ricciarini is another doctor in Lucignano. He visits in the surgery is in Via Bonastro from Monday to Friday (from 9 am to 12) and the telephone number is (0039)0575836094

Ambulance: (0039)0575836595

Chemist's shops in Lucignano:

There is only one chemist's shop in Lucignano, which is in Via Matteotti n. 61, the main street in the old centre. Opening hours: From Monday to Friday: 9.00 am - 1.00 pm and 4.30 pm - 8 pm

On Saturday morning: 9.00 am - 12.30 am

Dr. Bartolacci Giuliano: (0039)0575836192

It is also open on Saturday afternoon and on Sunday morning every other week, otherwise the chemist's shop open is in Marciano della Chiana in Fanfulla square n. 2

Dr. Tinti Luca: (0039)0575845100

Chemist's shops in Monte San Savino:

There are three chemist's shops in Monte San Savino. The last one is in a locality between Monte San Savino and Arezzo.

Chemist's Shop Dr. Biancotti Pierpaolo

Via della Stazione n. 2, near the traffic lights

Telephone number (0039)0575844020

Home (0039)0575810090

Chemist's shop rosai - Paturzo by Dr. Claudio Paturzo

Corso Sangallo, 52 in the old centre

Telephone number (0039)0575844026

Home (0039)0575844094

Municipal chemist's shop in Alberoro - Montagnano

The director is Dr. Cosimo Modeo

Alberoro locality Borghetto - Via delle Nebbiaie n. 25/N

Telephone number (0039)0575846096

Home (0039)0575302060

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Car Rental

In Arezzo, at the train station, you will find a Avis office. Address: Railway station of Arezzo , Phone 0575 24117 or 354232. Hours of Operation: Mo-Fr 0900-1300 1500-1900, Sa 0900-1300,

Hertz: Address Via Calamandrei 47.Arezzo, Phone: 0575 27577

Europcar: Address: Via Fiorentina 101, Arezzo, Phone. 0575 24448

Garages in Lucignano

- Masi Irio, Loc. La Greppa, 22/b (towards Siena), Tel. (0039)0575836460

- Salvadori Valerio, Loc. Fornace, 77/a (towards Sinalunga), Tel. (0039)0575836394

- Officina Pesci di Pesci Barbara Rossetti Vincenzo, Via Senese, 18 (Viale di S. Rocco) (past the post office) Tel. (0039)0575836078

Petrol stations (gas stations) in Lucignano

- Blue s.a.s. di Goro Moreno & C. (0039)0575836127 . The petrol station is in front of gate San Giovanni.

- Pantani Roberto (0039)0575836043. The petrol station Agip is in Prato Street n. 15 in front of the gardens.

Markets & Fairs

Villages and towns tend to have a market once a week which usually lasts from 9 am to 1 pm. Markets are excellent for buying fruit and vegetable as well as cheese. Antique fairs are held on a monthly basis.

Lucignano: there is on Thursday morning just inside the small village. Food, clothes, flowers and so on.

Monte Savino: there is on Wednesday morning inside the old village .Food, clothes, flowers etc.

Arezzo: an antique fair is held in the main square Piazza Grande, in the centre of the old town, every first Sunday of the month and the Saturday before, during the whole day.

But each Saturday there is a food market and others kind of stalls, near the main park, Parco Giotto, just outside the old town

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WINE & OLIVE OIL

The fattoria La Badia produces red wine exclusively for domestic consumption. The family also produces Organic extra virgin olive oil. You will find a sample in the kitchen. Should you like it and want to buy more please ask Giramondo (15 € the bottle of 750 cl).

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Restaurants In the area

You will find some very basic pizzerias both in Lucignano and Monte San Savino, a few minutes drive from Mulino. Further away the following restaurants are our favorites. Should you discover other restaurants in the area you would like to recommend, please mention them!! Thank you.

In Lucignano:

Ristorante LA ROCCA, Via G. Matteotti, 15/17, (0039)0575836775. Closed on Tuesdays

Ristorante Enoteca IL GOCCINO, Via G. Matteotti, 88/90, (0039)0575836707. Closed on Mondays. It is open for lunch only on Saturdays and Sundays.

Ristorante LA MAGGIOLATA, Via G. Matteotti, 60, (0039)0575819008 - (0039)3383461195 . Closed on Wednesdays

Ristorante Enoteca LA TAVERNETTA, Via Roma, 15, (0039)0575836568. Closed on Mondays

Ristorante LA VECCHIA CISTERNA, Via Circonvallazione, 7, (0039)0575836942. Closed on Tuesdays

Ristorante Pizzeria NICE PEOPLE, Corso delle Monache, 1, (0039)0575836771. Closed on Wednesdays It is open only for dinner.

Ristorante Osteria DA TOTO', Piazza del Tribunale, 5, (0039)0575836763. Closed on Tuesdays

Ristorante Pizzeria LO SCHICCHERO, Via Roma, 11, (0039)0575837366. Closed on Mondays

Every restaurant prepares homemade dishes.

In Sinalunga:

Locanda dell'Amorosa, Tel.0577-67721. About twenty minutes from Il Mulino.2 Km South from Sinalunga.

Its cuisine is subject to discussion - some loving it others considering it too expensive- but the location is quite unique: an old farming village in the middle of the countryside worth visiting even if you don't want to stop for a meal. You can eat outdoors. Booking recommended. Phone: 0577 677211

Near Monte San Savino at 7 km there is a **medieval village "Gargonza"** still belonging to the Guicciardini's family, where you can have a typical Tuscan lunch. (closed Tuesday) Phone: 0575 847054.

In Monte San Savino:

"La Terrasse": Typical Tuscan food and good local wines. Via di Vittorio 2/4, Phone: 0575 810710

In Montepulciano:

Near the incredible Basilica di San Biagio, outside the walls of the village, there is a very good and quite expensive restaurant named **San Biagio** .(better to book before). Phone: 0578 717233, Via san Bartolomeo 2. Montepulciano

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In Siena:

Very good restaurant! "Antica Trattoria Botteganova", Via Chiantigiana 29 (direction for Montevarchi)
Phone: 0577 284230 (closed Sunday)

"Al Mangia" situated in Piazza del Campo you can also eat out side. Phone: 0577 281121

"Tre Cristi" , Vicolo di Provenzano 1/7 , Phone: 0577 280608. Historical restaurant in Siena. Good restaurant where you can also eat sea food .

"Enzo", Via Camollia 49, Phone 0577 281277 (better to book before) . You can also eat sea food.

"Mugolone", Via Pellegrini 8, Phone: 0577 283235. Good restaurant, since three generations still in the same family!

"Osteria le Logge", Via del Porrione 33, Phone: 0577 48013. (closed Sunday)

"La Taverna di San Giuseppe", Via Giovanni Dupré 132, Phone: 057742286. (closed Sunday)

"Trattoria Fuori dalla Porta", Via Claudio Tolomei 1, Phone: 0577 222100. Out side the walls, after Porta Romana simple restaurant with good food.

"Nello la Taverna", Via del Porrione 28, Phone: 0577 289043. (closed Sunday). Near Piazza del campo, typical Tuscan cuisine but also a vegetarian one if you prefer .

"Trattoria Papei", Piazza del Mercato 6, Phone: 0577 280894. Beautiful view on "Torre del Mangia", you can also eat out side. Typical Tuscan cuisine

In Pienza:

Il Prato, Tel 0578-749924. Just outside the old town with garden and view on the Orcia valley. Sophisticated food, good wine list. Expensive.

In Montefollonico:

La Chiusa, Tel 0577-669668, Very sophisticated Michelin star kind of restaurant, considered the best in the region. Reservation needed. Very expensive.

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Nature

The patch of wood by The Tenuta la Badia, holds some wildlife like roe-deer, wild pigs, porcupine, hares and birds. Inside the property of the "Tenuta la Badia" you can find lots of fabulous walks passing through one of the most unique properties in Tuscany. The landscape varies from a typical Mediterranean wood of Holm oak and olives, vineyards and pastures with grazing Chianina cattle (the local native breed). You will find in the house maps of various walks on the property.

Arts

We recommend the Italian Touring Club red guides to each Region. They're the most complete! You will find a selection of tourist guides i, please don't forget to put them back on their shelf once you've used them! Thank you.

Montepulciano - is a small town half an hour drive . Walk along the main road (via Gracciano al Corso) for churches, palaces and shopping (wine, olive wood works, etc). Reach the main square with the Cathedral (nice paintings and sculptures) and the Town-hall (view). Don't miss the church of San Biagio (good restaurant nearby).

Val d'Orcia - Monticchiello, Bagno Vignoni, Pienza, San Quirico: almost every village is worth visiting in Val d'Orcia. These towns lie close to each other about one hour drive from Il Mulino.

Pienza - is a must: the entire town was built by Pope Pius II, almost out of the blue, who employed great Renaissance architects.

Bagno Vignoni - boasts a antique swimming pool as its central square, and Monticchiello is a very well preserved medieval village with a charming Romanesque-gothic church.

San Quirico d'Orcia - is also worth visiting for its church, town-hall and garden. The very romantic monastery of Sant' Anna in Camprena is reached north of Pienza (scenes of The English Patient have been filmed there). Monte Oliveto Maggiore is a famous Benedictine convent with a good shop and mass with Gregorian songs at 11 a.m.on Sunday.

Cortona - lying just opposite Montepulciano across the Val di Chiana, Cortona is a magnificent medieval town with fortress. The roads leading to it and passing through Valiano are beautiful.

Northern Val di Chiana - Lucignano and Monte San Savino are two interesting small towns in northern Val di Chiana about half an hour drive from La Badia.

Arezzo - is a big city and probably deserves a day's visit. Don't miss the Piero della Francesca frescos in the St Francis' church that have been recently restored. The town holds a well-known antique fair the first Sunday of each month. On the main square you will find a shop with beautiful, locally produced house linens.

Siena - less then 40 minutes away from Il Mulino, this art town compares with Pisa and probably Florence. It is definitely worth more than one visit. Siena is also famous for its traditional sweets like panforte (a fruit and almond cake) and ricciarelli (soft almond biscuits).

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Florence - can be reached in little more than an hour from Il Mulino (90 Km), taking the A1 northwards. Exit at Firenze Sud and park as you reach the viali (ring boulevards).

Umbria - This beautiful region can be reached either by going towards Perugia, or by taking the Autostrada del Sole (A1) southwards. Interesting art cities are Orvieto (40 min, perched on sandstone cliffs with a splendid gothic cathedral), Todi, Assisi (St. Francis' town, a bit more than an hour) and, further off, Gubbio or Spoleto.

Northern Latium - In many ways northern Latium is the opposite of Tuscany. The first is straightforward, harmonious and clearly marked by human presence, the other is mysterious, untamed and full of contradictions. Papal power and roman aristocracy undermined any development of the middle classes for centuries, and still today you will find villages and cities in Latium more backward than in close-by Tuscany. Whereas the towns in Latium cannot be compared to Tuscany's splendour, the villages here are culturally far more interesting and of breathtaking beauty. Discovering Latium is a question of time and feeling. In the area of the Lago di Vico you should of course visit Viterbo, residence of the Pope in the 12th and 13th century, but also the lovely town of S.Martino al Cimino built around a fine 13th century Cistercian abbey. A little further away are Caprarola, dominated by the Villa Farnese, a fascinating pentagonal castle with a „secret garden“ full of azaleas and rhododendrons leading up to a sculpture garden, and Civita Castellana, the most important town in the region. The Duomo is one of the gems of Lazio.

Suggestion for guided tours in Siena and Province:

Pia Maria Selenka
 Official Tourist Guide Siena Tuscany Italy
 German (native language),English,Italian
 Loc. Toiano 253 - 53018 Siena - Italy
 email: p.m.selenka@gmx.net
 home: 0039 - 0577 314126
 mobil: 0039 - 320 0479445

Prices:

HALF DAY: € 115,00 up to 30 pax + € 2,00 per pax extra (max 3 h)

FULL DAY: € 230,00 up to 30 pax + € 4,00 per pax extra (max 6 h)

Small groups up to 10 pax HALF DAY: € 135,00 FULL DAY: € 270,00

Groups with translator:

HALF DAY: € 95,00 up to 20 pax + € 2,00 per pax extra

FULL DAY: € 190,00 up to 20 pax + € 4,00 per pax extra

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Tennis

Tennis court in Lucignano

Is the only one in Lucignano and is situated between Strada Provinciale 19, that links Monte San Savino to Lucignano, and Via di Circonvallazione that goes round the Town, on the left, before arriving to the Gate S. Giusto in front of the gardens. The Tennis Court is run by the local sports club.

The following people are in charge in order to open the tennis court:

- Mister Bartoli Marcello (tel. num. 00390575836519 mobile phone 00393294309040)

- Mister Berni Gianpaolo (tel. num. 00390575837198 - during the morning)

Fares:

- daytime Tennis Court: € 10.00 per couple per hour

- night Tennis Court: € 15.00 per couple per hour

The Tennis Court is also available for playing volleyball and basketball.

Next to the Tennis Court there is the

Football Pitch:

- daytime Football Pitch € 40.00 per hour

- night Football Pitch € 50.00 per hour

Tennis court in Monte San Savino . The Tennis Court is just outside the town in locality Casalino.

For information: LA PANTERA ROSA tel. num. (0039)0575810454 - (0039)3333875018

Tennis court in Castiglion Fiorentino. Tennis Club Castiglione is in locality Fonte Secca next to the swimming pool. For information: www.tennisclubcastiglione.it - tel. num. (0039)0575659728

Riding

A very good center is the **Centro Ippico Aretino**, located just before Arezzo (tel. 0575 99204).

Which is 20 minutes from Il Mulino.

Hot Springs

This part of Tuscany is famous for its hot springs, belonging to a geothermal system that more or less encircles the Monte Amiata. **San Casciano Bagni**, one hour drive, is the one we would suggest. **Chianciano Terme** is a traditional thermal resort and even **Montepulciano** (Sant' Albino, tel. 0578-7911) has its thermal baths.