

TENUTA DI MARSILIANA

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The Village - Shopping, Bank, Post Office

Supermarket: The village of Albinia, has quite a variety of grocery shops and a couple of Supermarkets, a bakery a very good "Pasta Fresca" shop and a butcher. Fresh fish can be bought on the docks in Porto Santo Stefano. In high season (July and August) shops are open on Sunday morning.

Banks: There is a bank in Marsiliana next to the Despar supermarket called CREDITO COOPERATIVO DI SATURNIA. Albinia has 2 banks; opening hours are 8.30am - 12.30pm. All banks have a cash point which work with major credit cards.

Post office: There is a post office in Marsiliana close to the church. Hours: 8 am – 1pm from Monday to Friday and only in the mornings on Saturday. Stamps can be bought in any tobacconist shop.

International News Paper: In the village of Albinia there is a newsagent that sells international newspapers.

Trains: the nearest and most convenient train station is Orbetello which is directly connected to Rome. As you turn off the Aurelia highway towards Orbetello, watch out for the signs saying "Stazione", which means train station. Tel 0564-862105

Doctors: for any emergency call the first aid number 118. Otherwise the hospital in Orbetello (25 min.drive) has a first aid service Tel. 0564 869202. If you need a doctor at any time dial 0564-625643. The chemist's is in Marsiliana, few steps by the church.

Car Rental:

You can rent a car in Orbetello from Sig. Evio Pantini, Via Dante. The phone number is: 0564 660233 or mobile phone: 0335 6438433. Otherwise in Grosseto: Europcar Italia 0564-418508

Markets

All villages and towns have a market once a week which usually lasts from 9 am to 1 pm. Markets are excellent for buying fruit and vegetable as well as cheese. They also have endless stalls with clothes, household ware and sometimes second hand clothes which can be fun.

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Orbetello on Saturday is considered the best market, even though it is in a modern part of the town.

Albinia: Friday in the main square

Grosseto: Thursday in the main square

Restaurants

La Vallerana tel 0564-896211 (closed on Wednesdays) serves mostly meat, the specialty there is the "Bistecca Alla Fiorentina". From the village of Marsiliana make a right towards Manciano, at Sgrillozzo follow signs for Vallerana.

Petronio tel 0564-606345, 100 m along the road towards Albinia on the left. Always remember to call and book a table.

Al Fontanile dei Caprai tel 0564-896526 (only open on week-ends) specializing in game; wild boar, hare, rabbit. From the village of Marsiliana make a left towards Capalbio after 7-8 Km make a right on a dirt road, the restaurant looks like a hut in the middle of nowhere, but we recommend it all the same!

Bagno Florida the beach club Florida (see the chapter on the Sea further down) has an excellent seafood restaurant on the beach. An absolute must. Call 0564-818776

Ansedonia

Il Pescatore, to reach Ansedonia, at the gate turn right, then right again at the first crossing, direction Chiarone, a small train station. After the station turn to the left following the signs for Ansedonia, drive under the railway and turn to the right still towards Ansedonia. This is a lovely road. You will reach Ansedonia after about 10 minutes drive. Follow the signs to the restaurant Il Pescatore. Excellent fish, average price Lit.50.000 per person, in July and August book. They are never shut and their telephone number is 0564 881201. Credit cards accepted.

Orbetello

Gallery Restaurant: it is in the centre, close to the main street, near the post office. 0564-860474.

L'ovosodo: it is in the centre close to the newsagent's that you find as you arrive in Orbetello 0564-

Il Cantuccio: it is in the centre but in a small street connected to the main one 0564-867587.

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Capalbio

Ristorante Tullio, Via Nuova 27, as you drive up to the old village on the right. Has a garden, excellent typical Tuscan food (no fish) and good wine list. Closed on Wednesdays. Credit Cards Master and Visa. Average price Lit.45.000. Tel. 0564896196

Da Maria, on the square in front of the portal of the village wall. The first restaurant which opened in Capalbio. Unfortunately no garden. Excellent food, good service and wine list. Average price Lit.60.000,-. Closed on Tuesday. Credit Cards accepted. Tel 0564 896014

Ristorante "Il Frantoio": built in the old oil-mill of this part of Maremma is considered one of the most thypical and characteristic restaurant in the area. Inside you can still see part of the old oil mill structure and objects which remind it. 0564-896484

Whithin the village walls you will find a number of nice restaurants.

Talamone:

Da Flavia 0564-887091, charming terrace for summer dinners good food. Closed on Tuesdays during winter.

La Buca 0564-887067, in the old part of Talamone very charming delicious sea food, always call and make reservations

Porto Santo Stefano

All the rstaaurants are specialized in seafood

"Ristorante da Siro" it is in Corso Umberto, the main street of Porto Santo Stefano 0564-812538

"La Caletta" it is in a nice position, very close to the see 0564-812939 or 0564-817506.

"I due Pini" it is on the beach along the way towards Porto Santo Stefano. As the winding road towards the port starts keep an eye on your right side and you will find easily the restaurant. 0564

Porto Ercole

Ristorante Braccio: it is not in the port but in a resort called Feniglia, one of the two natural tombolos (narrow strips of sand) which connect Monte Argentario to the Tyrrhenian coast. It is a restaurant on the beach, one of the most appreciated in the area. 0564-834210

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“**Osteria dei Nobili Santi**” it is in the centre of the village (via dell'ospizio n. 8) and it is specialized in seafood. 0564-833015.

Should you discover other restaurants in the area you would like to recommend, please mention them!! Thank you

Wine tasting

Some of the restaurants we recommended have Tenuta Marsiliana's wines on their wine lists. Anyway if you are interested in the wines we produce we can gladly arrange a wine tasting (for a group of 5 persons minimum):

Choice of wine:

Birillo Bianco 2006	Birillo Rosso 2005	Birillo Rosso 2005	Marsiliana 2000
Birillo Rosso 2005	Marsiliana 2001	Chianti Classico 2004	Marsiliana 2001
Marsiliana 2004	Marsiliana 2004	Marsiliana 2004	Marsiliana 2002
			Marsiliana 2003

After a short visit to the vineyards we will take you to the CLUBE at the Castle of Marsiliana where a selection of our wines will be presented and tasted.

Wines are served with bread and typical local products.

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Beach and Sea

On **Giannella**, a strip of land which connects the tyrrhenian coast to the peninsula of Argentario, there are a couple of "stabilimenti Balneari" – these are organized beaches where you can rent a parasol with deck chairs and sun beds, for a day or longer. A stabilimento is a convenient way of spending time on the beach, because they normally provide showers, a WC, and most of the time they also have a bar and sometimes a small restaurant. We would recommend: Bagno Florida 0564-820214

The beach Club Bagno Florida is the one we prefer in the close vicinity of Marsiliana. You can hire a cabin and the sunbeds on the beach. To reach the Bagno Florida, when you are in Albinia follow the signs to Giannella and keep going towards Porto Santo Stefano. The telephone number is 0564-818776. They have a small restaurant with very good sea food which is lovely in the evenings and offers great views onto the setting sun.

Feniglia is the other narrow strip of land that connects the Argentario to the coast. Here you can rent a bike and reach the centre of the beach riding along a dirt road in the park. It is beautiful here but remember to bring water with you because there are no bars around.

L'ultima Spiaggia lies further south, about a 25 minutes drive, The locality is Chiarone-Capalbio Scalo and the telephone number is 0564-890295. Very trendy, nice food, not on the cheap side.

The islands: from Porto Santo Stefano there is a ferry service to the island of Giglio, call 0564-810803 to find out about timetable. The trip takes about one hour and it is really worth it. There is a service also to the island of Giannutri tel: 0564-812920

Hiring a boat: in *Porto Santo Stefano* at half an hour's drive from *Marsiliana*, you can hire a motor boat with a „captain“ which will take you to the islands of *Giglio* and *Giannutri* off the Tuscan coast. The attraction of such an expedition lies not only in the trip itself. *Giglio* has a charming main village and castle, and many creeks hidden between the cliffs which can only be reached by boat. *Giannutri*, its bare coastline dominated by ruins of a Roman villa overlooking the sea recalls some of the Greek islands, while deep-sea divers can look for sunken Roman Roman galleons on the sea bed. There are quite a few companies from which you can hire a boat. The one we suggest is Biba Boat: 0564-820116 or 0335-234763.

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Sports

Tennis:

Halfway between Marsiliana and Albinia there is a group of houses called "La Polverosa" You will see the church and the bar. Call to make a reservation at 0564-878314. The court is lit at night so one can also play after the sun has set.

Riding:

On the Aurelia road heading south just before Orbetello on the left hand side is a good stable with fine horses to go on fun treks around the area. Call and make arrangements 0564-606551

Centro di Equitazione, tel 0564-870577 or 0337-714790 or 0766-899716. You will find this nice riding center on the road that goes from Albinia to Porto Santo Stefano more or less in the middle to the right going towards Porto Santo Stefano. Treks will be organised on the beach and in the WWF Oasis, call for arrangements

Golf:

The **Golf Club Punta Ala** is at 50 minutes drive from here.

You have to be member of a club, bring membership card along, which should indicate your handicap. It has 18 holes, PAR 72 – S.S.S.72.

The telephone number is 0564 922121, they speak English and German. www.puntaala.net

The **Circolo Golf Maremmello** at 20 minutes drive from Marsiliana. Take the Aurelia towards Rome. Get off at the exit Talamone - Fontebianca and head for Querciolaie. From there it is another 2,8 kms to the club. It has 9 holes par 36. The telephone number is 0564 885463.

Spa:

The hot springs of Saturnia: Tuscany is famous for its hot springs, belonging to a geothermical system that more or less encircles the Monte Amiata. Saturnia, at a 35 minute drive from Marsiliana, is the most spectacular, with hot waterfalls in the middle of nature, open to everyone. In summer one might prefer coming here in the evening or, even better, at night. The Hotel "Terme di Saturnia" has three big pools with the hot water coming directly from the waterfalls opened from 9.30 am to 7.30 pm. For the price list of Terme di Saturnia health and beauty treatments ask to Silva in the office.

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Sightseeing in the Area

The **Parco dell'Uccellina**, officially the *Parco Nazionale della Maremma*, is about 40 kilometres away from Marsiliana and a rewarding place for nature lovers. Marked footpaths will lead you through incredibly beautiful pine woods to hidden creeks, past romantic ruins of fortified watch-towers and the abbey of San Rabano, built by monks who arrived from Rhodes in the 10th century. One of the entrances is at the village Alberese. The telephone number is 0564 407098.

At Orbetello there is another Natural Park managed by the WWF. They organise a guided tour from september to april, on thursdays from 10 am to 2 pm. To reach the entrance drive on the Aurelia until the km.150, Bosco di Patanella.

The **WWF Oasis Lago di Burano**, a 30 kilometer drive south, a fresh water lake separated from the sea by a thin strip of land. Many migratory birds pause here, and birdwatching expeditions are organised by the management of the park on saturdays from 10am to 2.30 pm. The telephone number is 0564 898829. To reach the entrance drive on to the Aurelia towards north and turn off to the left at the sign (small sign) km. 131.

Sovana, Sorano and Pitigliano: these three towns stand close to each other at about 1 hours drive from *Marsiliana*. Sovana is often considered the most interesting spot of southern Tuscany, boasting a magnificent Etruscan necropolis and 2 remarkable Romanic churches. Pitigliano is a medieval town with a dramatic location, interestingly enough with a Jewish quarter and also known for the white wine produced here, *Bianco di Pitigliano*.

Northern Latium: In many ways northern Latium is the opposite of Tuscany. The first is straightforward, harmonious and clearly marked by human presence, the other is mysterious, untamed and full of contradictions. Papal power and roman aristocracy undermined any development of the middle classes for centuries, and still today you will find villages and cities in Latium more backward than in close-by Tuscany. Whereas the towns in Latium cannot be compared to Tuscany's splendour, the villages here are culturally far more interesting and of breathtaking beauty. Discovering Latium is a question of time and feeling.

In the area of the *Lago di Vico* you should of course visit *Viterbo*, residence of the Pope in the 12th and 13th century, but also the lovely town of *S.Martino al Cimino* built around a fine 13th century Cistercian abbey. A little further away are *Caprarola*, dominated by the Villa Farnese, a fascinating pentagonal castle with a „secret garden“ full of azaleas and rhododendrons leading up to a sculpture garden, and

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Civita Castellana, the most important town in the region. The Duomo is one of the gems of Lazio.

The Argentario : peninsula just south from *Marsiliana* deserves a mention, even though it is not quite clear under which heading it should be included. Cliffs above the sea, archeological excavations, mediterranean macchia with a large number of self-propagating wild flowers, and jet-set holiday resorts such as *Porto Santo Stefano* all come together here. And then there is the town of *Orbetello*, charming and of historical interest.

The hot springs of Saturnia: Tuscany is famous for its hot springs, belonging to a geothermical system that more or less encircles the Monte Amiata. Saturnia, at a 35 minutes drive, is the most spectacular, with hot waterfalls in the middle of nature, open to everyone. In summer one might prefer coming here in the evening or, even better, at night.

The Tarot-Garden of Niki de Saint-Phalle : on one of the hills not far from *Marsiliana* the famous French artist has built her „Jardin des Tarots“, twenty two giant sculpures in ceramic and coloured glass inspired by the figures of the magic tarot cards.

The park is open daily from 2.30 to 7.30 in the afternoon, and is shut on Sundays and holidays. The first Saturday of every month the entrance is free. For further information call 0564 895122

“**Cosa**” was a latin colony founded under Roman influence in 273 BC, perhaps on land confiscated from the Etruscan. The Etruscan site may have been where modern Orbetello stands. Cosa is about a 20 minutes drive from Marsiliana and to reach it just follow the Aurelia direction Rome and exit to Ansedonia. As you arrive in Ansedonia follow the signs for COSA.

The entrance is free and you will be at 113 meter above sea level in the middle of the ruins of the city surrounded by trees and Mediterranean macchia.